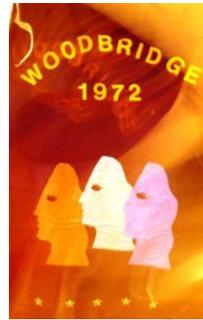


Woodbridge Wisdom

Since 1972



Happy 40th



Volume 40 Number 4

Woodbridge, VA Branch Newsletter

January 2013

DATES TO REMEMBER

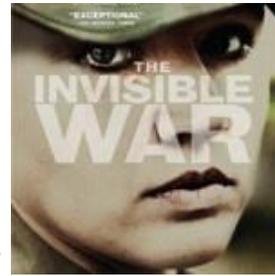
Monthly	Second Wednesday	Book Club Uno	Wegmans, upstairs	7:30 pm
Jan 12	Film viewing "The Invisible War"	4287 Newbold Ct, Woodbridge	Ali Cohen's house	12:30 pm
Jan 30	Board meeting		Wegmans, upstairs	7 pm
Jan 30	Newsletter articles due			
Feb 6	LWV/AAUW State Lobby Day		Richmond, VA	
Feb 9	Castaways Theatre	"Laughing Stock"	Ferlazzo Building	8 pm
Apr 13	AAUW of Virginia Conference		Richmond, VA	
May 16	Federal Lobby Day		Capitol Hill, DC	
Jun 9-12	AAUW National Convention		New Orleans, LA	



PRESIDENT'S LETTER

The December Holiday Dinner Meeting was held in Occoquan on December 7. This event was well attended and enjoyed by all. The food was wonderful and the gift raffle was fun. All in all, a good time was had by all! It is time to talk about elections! Two members will be elected to the **nominating committee** at our February meeting with one board member being elected at the February board meeting (which this year will be January 30th!). **Up for election** this year will be **president, vice-president/membership** and **secretary**. Please think about how you can help. If you are interested in any of these positions, let me know and I will pass on that information to the nominating committee. The nominating committee will present the slate of officers at the March meeting and the election will be at the May meeting.

Sara B. Anderson, President



JANUARY'S FILM VIEWING "The Invisible War"

DID YOU KNOW?

- DoD estimates there were 22,800 violent sex crimes in the military in 2011
- The Veterans Dept. estimates nearly 1 in 3 female military members will be sexually assaulted while in the service

David Rooney, movie reviewer for the Hollywood Reporter called The Invisible War "**A gut punch of moral outrage..that presents overwhelming evidence that the U.S. military's purported zero-tolerance attitude to sexual assault is a charade.** It illustrates the human cost of that sham with heart-wrenching displays of courage and dignity in the face of institutional indifference. This hard-hitting advocacy film exposes the dirty secret not as an attack on the armed forces but as an indignant petition to protect the more vulnerable among their ranks." This film has been the recipient of many awards and holds an **almost unheard of 100% rating** from the respected online movie review site **Rotten Tomatoes**.

We will be viewing this compelling film on Saturday Jan 12 in the home of Ali Cohen. Arrive at 12:30 to grab some snacks and say "hi". The 92 minute movie will begin at 1 p.m. After the movie, Woodbridge member Sandy Lawrence, CDR, USN, Ret will lead a discussion and provide an update on recent DoD actions.

Directions to Ali's house....

At the intersection of PWC Parkway and Greatbridge (*Ruby Tuesday will be on your left); turn right and go to the round about.

Take the first right off of the round about (Asdee). Follow Asdee until the T intersects with Coventry Glen.

Turn right on Coventry Glen and follow it until the T intersects at Tideswell Mill Ct.

Turn right onto Tideswell Mill Court.

Follow Tideswell Mill Ct to the first (and only) left which is Newbold Court.

Turn left onto Newbold. We are on the right hand side where the cul de sac begins. The number is 4287. Please CAR POOL!!!!

Home phone is 703.878.3460

Karen Wolf
kleewolf@verizon.net
703/494-4983

Jeanne Elmore
jfelmore2@verizon.net
703/490-5526

AAUW FUNDS

Many thanks to all who supported our fundraising events. We made **\$20 from Famous Dave's** and **\$105 at the Holiday raffle**. We will do Famous Dave's again before the March and April programs. There will be a raffle and silent auction of gift baskets at the May Luncheon. There will be two more Castaway productions, including one in February. Please let me know of any fundraising activities that may work with our membership.

Barbara Blindauer
Fundraiser Chair.



FEBRUARY SCHOLARSHIP FUNDRAISER CASTAWAYS REPERTORY THEATRE

As a way to raise funds for scholarships, we will once again attend a performance of the Castaways Repertory Theatre. Mark your calendar and try to attend the performance of **Laughing Stock** directed by Ted Ballard on Saturday, **Feb 9, 8 pm**, Ferlazzo Building Auditorium. Members participating send in \$20 to our treasurer, Barbara Ondo; with 10 members attending a group rate of \$10 per person is received; the balance of \$10 goes to the scholarship fund. Additional details will follow in the February newsletter. A great way to raise scholarship funds and have a very enjoyable evening.

Eileen Thrall
wthrall@verizon.net
703-221-3336

MEMBERSHIP

Our branch has selected our AAUW Named Gift Honorees who will be praised at our 2013 State Convention in March. Of course you should know branch member **Angela Booker**, who is very supportive of women in politics. You may also know **Alice Reagan** from Woodbridge NVCC who has spoken in our branch several times about the history of women. Both are lovely women. Our branch gift donation honoring Angela is going to Leadership Programs #4339 and our other branch gift donation honoring Alice is going to the Susan Nathanson Fairey Research and Projects Grant #4176.

2013 will present many nice general meetings plus the ones where food is abundant! During March, Women's History Month, we are judges of the middle and high school girls at the **PWC Regional Science Fair**. Once again as in many years past, we will be producing the **Girls+Math+Science=Success Conference** which treats and educates hundreds of county girls. May brings us our fabulous Spring Membership Salad Luncheon in one of our homes. You will surely enjoy participating in all of our branch activities!

As many of you know, due to my paralyzed vocal cord, my voice may now often be hard to understand. So, I will be e-mailing and hope you all continue to check your in-box and respond when requested! I will also make attempts at phone calls because I really do miss my friends. Having said all that, I would really like your help in providing me with the names and e-mail addresses of potential members. I can never have enough friends and the branch can never have enough members! Now that January is here, **this year's dues are now half price at \$38.00**, so it's a good time for potentials to join.

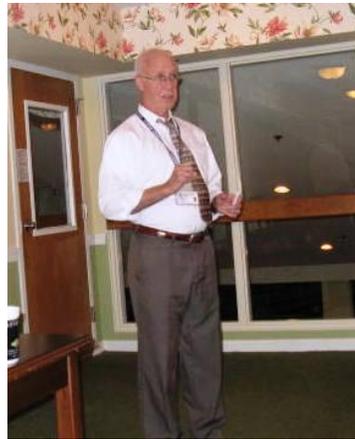
One final request is to ask you to please inform me when you have a new home address, e-mail address, phone number or an additional degree. This will keep our directory information up-to-date. At this point, please change Pat Comer's email address to: pcomerwhitewater@gmail.com.

Susan Fairey
Membership VP

NOVEMBER'S PROGRAM "IDENTITY THEFT"

Tom Polhemus of the Fairfax County Police Department's Financial Crimes Section presented an interesting program on the current trends in financial crimes. He offered the following actions people can prevent themselves from becoming a victim:

- Shred financial documents
- Go to annualcreditreport.com to get a free credit report
- Review your checking and credit card statements monthly. Better yet, review online every few days



DECEMBER'S HOLIDAY DINNER

The Holiday dinner at the Occoquan Inn was a wonderful time. Great food, great company, and a terrific raffle with the money going to AAUW Legal Advocacy Funds.





NORTHERN DISTRICT NEWS

On October 24, a special screening of “**The Invisible War**” was shown at Fairfax Cinema Art Theater. Christina Soto (AAUW National) and I worked the AAUW table. Over 45 people attended the screening. After the movie Holly Kearl (AAUW National) and I led a Q&A discussion. Thanks for your continuing support of this important issue



State projects have been a great success. The completed **Get Out The Vote** resulted in VA AAUW branches registering over 1,021 people and provided voter information to many more. Most of the registrants were in the millennial age group. The **Turning Point Memorial** project continues. Individuals and organizations who donate \$1000 or more will have their names placed on a wall of honor at the sight of the memorial. AAUW of Virginia is asking **every branch member to donate a \$1** towards this effort so that our support of the Suffragist Memorial can be acknowledged. If your branch or members contribute and indicate they are AAUW VA, it will count towards our goal.

State board members continue to work two of the biggest issues voiced by branches, getting more and younger members and members taking leadership position. There was much brain storming and discussion of these issues at the fall state board meeting. I ask you to seriously consider taking a leadership position at all level of AAUW. It truly is a great experience.

Save April 13, 2013 for the state conference at Richmond. The theme of the conference is “**Every ONE Counts**”. Some of us toured the conference hotel during the board meeting and it a great facility.

Sandy Lawrence
Northern District Representative
slawrence4@juno.com
703 569 1588



AAUW NEWS



The [annual AAUW Art Contest](#) is a great way for AAUW members to showcase their talent. Last year there were more than 100 entries in our online art contest.

From **January 4** to **February 4** you can submit an electronic version of your design on the [AAUW Art Contest webpage](#). Submissions could be photography or a digital photo of your painting, drawing, sculpture, collage, or other form of artwork. AAUW members can then vote every 7 days for six of their favorite entries beginning **February 8** through **March 8**. The winning entries will be featured on a collection of AAUW note cards mailed to members this spring.

OLD SETTLER BEANS

Sara B. Anderson

- 1 lb bacon, cooked and broken into pieces
- 1 lb ground beef, cooked
- 1 lb beef smoked sausage, cooked and sliced into disks
- 1/3 c brown sugar
- 1/3 c white sugar
- 1/4 c catsup
- 1 tsp liquid smoke
- 1 TBSP dry mustard
- 1/2 tsp salt
- 1/2 tsp pepper
- 2 (1 lb each) can pork and beans or baked beans
- 1 (1lb) can light kidney beans
- 1 (1lb) can butter beans
- 1 (1 lb) can great northern beans

After cooking the meats, mix everything together. You can cook over low heat in crockpot for a few hours OR put in the oven at 350 degrees for 1 hour OR cook on stove top at a low simmer for about an hour. Just stir often so it doesn't burn.

FROM THE EDITOR'S LAPTOP

If you have a recipe you want to share with members, please send to me. Your articles and suggestions are always welcome. Please send your articles for the February newsletter by January 30 via e-mail or postal mail.

Sandy Lawrence, Editor

QUOTE OF THE MONTH

"The thing that is really hard, and really amazing, is giving up on being perfect and beginning the work of becoming yourself."

Anna Quindlen

Woodbridge homepage: <http://woodbridge-va.aauw.net/>

AAUW homepage: <http://www.aauw.org> VA AAUW homepage: <http://www.aauwofva.org>